



McDowell County Community Resource Guide 2023

This list is a collection of resources available to McDowell County residents compiled and verified by the MATCH Program (McDowell Access to Health and Care) with their social work intern through Western Carolina University. It does not represent all public services within McDowell County, nor does it cover all services available to McDowell County residents located outside the county. The service providers listed did not pay to be added, nor is this list a recommendation for any provider. To add or change a listing, please contact 828-659-5289 or email amy.vaughn2@hcahealthcare.com.

TABLE OF CONTENTS

Food and Nutrition Resources	Page 2
Mental Health Crisis Services	Page 6
Mental and Behavioral Health Resources	Page 7
Substance Use Treatment/Recovery/Prevention	Page 9
Access to Care Programming	Page 11
Community Support Services and Resources	Page 12
Transportation	Page 16
Re Entry Programs	Page 18
Shelters and Housing Resources	Page 18
Legal Resources	Page 20
Area Hospitals	Page 21
Urgent Care Centers	Page 21
Primary Care Offices	Page 22
Assisted Living Facilities/Hospice/ In Home Health	Page 23
Employment Resources	Page 24
Education Resources	Page 25
Youth Development and Child Care Resources	Page 26
Community Engagement	Page 27
Law Enforcement	Page 29
Intellectual,Development, Physical Disability Resources	Page 30
Veterans' Services	Page 31
Utilities	Page 32
Dental Resources	Page 33

Food and Nutrition Resources

Grace Community Church	Food Pantry	5182 US 70 West, Marion	(828) 724-9599	First and Third Wednesday, 3:30 - 4:30 pm
Centro Unido Latino Americano (CULA)	Food Pantry	79 Academy Street, Marion	(828) 652-0727	Every other Thursday; Drive through pantry with premade boxes; 12 - 5 pm; Enter Hillcrest Rd
Dysartsville Christian Ministries	Food Pantry	174 Trinity Church Loop, Nebo	(828) 448-9054	Thursday 3:30 - 5:00 pm
St. John's Food Pantry	Food Pantry	339 S. Main St, Marion	(828) 652-4144	Friday 4:00 - 6:00 pm
Foothills Food Hub Crooked Creek Distr.	Food Distribution	Crooked Creek Fire Dept 4503 Bat Cave Road Old Fort	(828) 659-5289	Mondays, 4:00 - 5:30; Drive through pantry
Foothills Food Hub Jacktown Distr.	Food Distribution	608 Jacktown Rd Marion	(828) 659-5289	2nd & 4th Tuesdays, 4:00 - 5:30; Drive through pantry
West Marion, Inc	Food Distro	Addie's Chapel 201 Ridley St Marion		4th Thursdays 3:30-5pm
East Marion PHC	Hot Meal	900 Baldwin Ave, Marion		6-9 Hot Meal First come, first serve
YMCA Mobile Market - Grace Community Church (Marion)	Produce Distribution	5182 US-70, Marion	(828) 775-7081	1 st and 3 rd Thursday
YMCA Mobile Market - A.C. Bud Hogan Community Center	Produce Distribution	32 East Main St., Old Fort	(828) 775-7081	2nd and 4th Thursday, 10:30 - 11:30am
Bounty & Soul (Black Mountain)	Food Distribution	205 NC 9, Black Mountain	(828) 419-0533	Tuesday, 11:00am -1:00pm; Curbside pickup; Please do not arrive early Friday, 4:00 - 6:00pm; Curbside pickup; Please do not arrive early

MANNA Food HelpLine	Toll-Free Phone Number	Monday - Friday, 9 am - 4 pm	1-800-820-1109	Information about Food and Nutrition Services (Food Stamps) and help finding food assistance
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Despensas Públicas y Sitios de Comida

Iglesia - Grace Community Church	Despensa de Comida	5182 US 70 West, Marion	(828) 724-9599	Primer y Tercer miércoles, 3:30 - 4:30 pm
Mercado móvil de YMCA - Biblioteca de Marion	Distribución de Verduras y Frutas	90 W Court St, Marion	(828) 775-7081	Tercer martes, 1:00 - 2:00 pm
Mercado móvil de YMCA - Centro comunitario A.C. Bud Hogan	Distribución de Verduras y Frutas	32 East Main St., Old Fort	(828) 775-7081	Segundo y Cuarto jueves, 10:30 - 11:30am
Mercado móvil de YMCA - Iglesia Grace Community Church (Marion)	Distribución de Verduras y Frutas	5182 US-70, Marion	(828) 775-7081	Primer miércoles, 3:30 - 4:30pm
Iglesia - East Marion Pentecostal Holiness Church	Comida Caliente	900 Baldwin Ave, Marion		viernes, 7:00 - 9:00 pm; caldo o sopa caliente
Centro Unido Latino Americano (CULA)	Despensa de Comida	79 Academy Street, Marion	(828) 652-0727	Cada otro jueves; Servi-carro con cajas preparadas; 12 - 5 pm; Entrada por Hillcrest Rd
Iglesia - Dysartsville Christian Ministries	Despensa de Comida	174 Trinity Church Loop, Nebo	(828) 448-9054	jueves, 3:30 - 5:00pm
Despensa de Comida de St. John's	Despensa de Comida	339 S. Main St, Marion	(828) 652-4144	viernes 4:00 - 6:00pm

Bounty & Soul (Black Mountain)	Despensa de Comida	205 NC 9, Black Mountain	(828) 419-0533	martes, 11:00am -1:00pm; Recoger al lado de la acerca; Favor de no llegar antes viernes, 4:00 - 6:00pm; Recoger al lado de la acerca; Favor de no llegar antes
Foothills Food Hub Distribucion en Crooked Creek	Despensa de Comida	Crooked Creek Fire Dept 4503 Bat Cave Road Old Fort	(828) 659-5289	lunes, 4:00 - 5:30; Despensa de Servi-carro
Foothills Food Hub Distribucion en Jacktown	Despensa de Comida	608 Jacktown Rd Marion	(828) 659-5289	martes, 4:00 - 5:30; Despensa de Servi-carro
Distribución de Iglesia Livingstones Church (en asociación con FFH)	Despensa de Comida	97 Clay St, Marion, NC 28752	(828) 659-5289	viernes, 3:00 - 4:30 pm

Recursos	¿Que y Donde?	¿Cuando?	Contacto	¿Qué ofrecen?
Línea de ayuda de MANNA	Número de teléfono	lunes - viernes, 9 am - 4 pm	1-800-820-1109	Información sobre Comida y Servicios Nutritivos (Estampillas) y ayuda para encontrar asistencia alimentaria
MATCH (McDowell Acceso a la Atención y la Salud)	Número de teléfono	lunes- viernes	(828) 659-5289	Si no tiene aseguranza médica y necesita servicios de salud, medicación, suministros médicos, recursos de empleo, asistencia de emergencia, etc. MATCH puede ayudar. (Citas en persona están actualmente suspendidas); Suministros sanitarios y suministros para el diabetes aún están disponibles.
Departamento de Seguro Social del	Número de teléfono	lunes- viernes	(828) 652-3355	Reciba asistencia aplicando para estampillas, beneficios de desempleo y más.

Condado McDowell				
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FoodBox Delivery Program: Foothills FoodHub and MATCH

CONTACT: MATCH

Phone: 828-659-5289

Online Request Form: [Request a FoodBox](#)

DETAILS: Contact free foodbox delivery for those with transportation barriers. Deliveries are made on Tuesday or Friday, depending on address.

McDowell County DSS

CONTACT:

828-652-3355

145 East Court St.

Marion, NC 28752

HOURS: Monday-Friday 8am-5pm

DETAILS: Service: SNAP Benefits and App

[ePASS](#)

Foothills Health District (McDowell County Health Department)

CONTACT:

Phone: 828-652-6811

Address: 408 Spaulding Rd Marion, NC 28752

Website: <http://www.foothillshd.org>

HOURS: Monday- Friday: 8:30am-5:00pm

DETAILS: WIC

Mental Health Crisis Services

Emergency: 911

RHA Mobile Crisis- 1.888.573.1006

- Mobile Crisis Services provide intensive, on-site response, stabilization, and intervention for people of all ages experiencing a crisis due to mental health disturbances, developmental disabilities, or addiction.
- Behavioral health professionals are available 24/7/365 to stabilize the person and safely at home, work, school, or wherever the crisis occurs in the community.

Strategic Interventions: 1.828.442.9580

- Marion, NC location for Crisis Help 24/7. Call us if you need help.

National Suicide Prevention Hotline: 988 (dial these three numbers for a direct link)

Crisis Text Line:

- Text 741741
- Your opening message can say anything. Keywords like “HOME,” “START” and “HELLO” just help us identify how people hear about us
- The first two responses are automated. They tell you that you’re being connected with a Crisis Counselor and invite you to share a bit more.
- The Crisis Counselor is a trained volunteer, not a professional. They can provide support, but not medical advice.

Mental and Behavioral Health Services

CareNet Counseling Marion

CONTACT:

Phone: (828) 559-0125

Address: 79 Academy St, Marion, NC 28752

Website: <https://carenetnc.org/about/our-regional-centers/western-region/>

HOURS: Monday-Friday: 8:00am-5:00pm

DETAILS: Spiritually integrated counseling services, psychotherapy, research and education. Services are for people of all ages, backgrounds, and faiths including for; Adults, young children, teens, families, seniors, and couples, group counseling, premarital counseling, counseling for ministers.

Cost: Insurance Accepted, Financial Assistance available

RHA

CONTACT:

Phone: 828-652-2919

Address: 486 Spaulding Rd Suite B, Marion, NC 28752

Website: rhahealthservices.org

HOURS: Monday-Friday: 8am-5pm

DETAILS:

- Services offered: Enhanced services: SAIOP, IAH, CST, ACTT
- Basic Services: Individual therapy, group therapy, medication management, and peer support services, Medication assisted treatment therapies.
- Cost: There is a \$3 copay for people who qualify for state funds. Depending on insurance, copays are collected at time of service, and charges are based on deductibles of insurances. We have a sliding scale fee for self-pay individuals

Strategic Interventions

CONTACT:

Phone: (828) 655-3231

Address: 33 Burgin St. Unit B Marion, NC 28752

Website: strategicshc.com

HOURS: Monday-Friday: 8:30am-5:00pm

DETAILS: Serves Adults with severe and persistent mental illness through Evidence Based Practices. Access to board-certified psychiatrists and highly trained therapists, social workers, nurses, dual disorder specialist, Certified Peer Support specialists, vocational specialists, substance use specialists, housing specialists and qualified mental health professionals. At Strategic Interventions individuals can get help for anxiety, depression, schizophrenia, bipolar disorder, and any delusional disorder. To make a referral via telephone please call 828-655-3113.

VAYA Health LME/MCO

CONTACT:

Phone(s): 1-(800) 849-6127 828-225-2785

Address: 200 Ridgefield Court, Suite 206, Asheville, NC 28806

Website: www.voyahealth.com

HOURS: 8:30am-5:30pm M-F DETAILS:

Services Offered: This is a local management entity (LME) serving 23 counties in Western North Carolina. This agency serves those people who have a mental illness, a developmental disability, or someone dealing with substance use issues. The toll-free phone number listed above can be accessed 24 hours, 7 days a week.

Spirit of Truth Christian Counseling

CONTACT:

Phone: 828-559-7710

Address: 130 Logan St Marion, NC 28752

DETAILS: Specializing in addiction, trauma, and anger management

Wings of Flight Center for Change, PLLC

CONTACT:

Phone:828-407-0880

Address:

Email:support@wingsofflightcenterforchange.net

Website:<http://www.wingsofflightcenterforchange.com>

DETAILS:Mental Health and Substance use Counseling including individual, family, and group therapy as needed. We provided telehealth as well as in-person services. If you are looking for support on your journey of self-discovery or dealing with some stressors, we would love to help! We enjoy working with individuals who may be struggling and need an empathetic ear. We believe everyone can improve their sense of well-being with some support. We promise to be there for you every step of your journey. Our goal is to help you grow from your struggles, heal from your pain, and move forward to where you want to be in your life.

COST: Accept most Major insurances and Medicaid with the exception of Wellcare.Also offer self pay rates and a sliding fee scale based on income.

Black Mountain Counseling Center

CONTACT:

Phone:(828)669-9798

Address: 144 E Main St Old Fort NC 28762

Website :<https://www.blackmountaincounseling.org/>

DETAILS: A nonprofit counseling organization with a team of 12 licensed behavioral health counselors with all sorts of specialties: we offer individual, family and couples counseling, either in-person or virtually, to people regardless of their ability to pay. Most major insurances accepted, as well as Medicaid. Financial assistance IS available for Medicare, uninsured, and underinsured individuals

Substance Use Resources: Prevention/Treatment/Recovery

RHA

CONTACT:

Phone: 828-652-2919

Address: 486 Spaulding Rd Suite B, Marion, NC 28752

Website: rhohealthservices.org

HOURS: 8am-5pm M-F

DETAILS: Referral not needed. Services offered: Enhanced services: SAIOP, IIH, CST, ACTT. Basic Services: Individual therapy, group therapy, medication management, and peer support services, Medication assisted treatment therapies. Associated Cost: There is a \$3 copay for people who qualify for state funds. Depending on insurance, copays are collected at time of service, and charges are based on deductibles of insurances. Sliding scale fee for self-pay individuals. Other information: We serve uninsured, underinsured, and privately insured individuals.

McDowell Impact Peer Support Services

CONTACT:

Phone: 828-237-3502

WEBSITE : [Impact Peer Support Services](#)

HOURS: Monday-Friday 8am-5pm

DETAILS: McDowell Impact supports individuals across McDowell County who struggle with substance use and co-occurring challenges like infectious disease, family separation, chronic homelessness, and overdose. No referral needed.

Services: Individual recovery support, Peer-led recovery groups, Assistance with accessing community resources, Transportation, Linkage to services, Harm reduction services, Narcan training and distribution.

Celebrate Recovery

CONTACT:

Phone: 828-559-2575

Website: embc.church

Address: 660 Baldwin Ave. Marion NC 28762

HOURS:Thursdays 5:30pm-7:30pm

DETAILS:The purpose of Celebrate Recovery at East Marion Baptist Church is to fellowship and celebrate God's healing power in our lives through the 8 recovery principles found in the Beatitudes (Mathew 5:1-12) and in the 12 steps to recovery.

Alcoholics Anonymous (Marion, NC)

CONTACT: Serenity Seekers Marion

Address: 241 West Court Street Marion NC 28762

HOURS: Weekly meeting schedule: Sunday, 7:00 pm- 8:00 pm

DETAILS: Alcohol use, 12 Step Program meetings for McDowell County community members. No dues or fees for AA membership. Recurrent Meetings: See website for details: alcoholicsanonymous.com

Narcotics Anonymous

CONTACT:

Address: 241 West Court St Marion, NC 28752

HOURS: Saturdays 7pm

DETAILS: St Matthews Lutheran Church

McDowell Partnership for Substance Use Awareness: Family Support Group

TBA

Julian F. Keith Alcohol and Drug Abuse Treatment Center

CONTACT:

Phone: Facility Main Phone Number: (828) 257-6200 Detox Fax Number: (828) 257-6268

Rehab Admissions Phone Number: (828) 257-6230

Address: 201 Tabernacle Road Black Mountain, N.C. 28711

Website:

<https://www.ncdhhs.gov/divisions/state-operated-healthcare-facilities/facilities/julian-f-keith-alcohol-and-drug-abuse-treatment-center>

DETAILS: Julian F. Keith is one of three state operated North Carolina Alcohol and Drug Abuse Treatment Centers (ADATCs) specifically designed to provide medically-monitored detoxification/crisis stabilization, and short-term treatment, preparing adults with substance use and co-occurring disorders for ongoing community-based recovery services. Admission is available to any adult in our region regardless of financial resources or insurance status. Patients pay on a sliding scale according to their income.

Caldwell C3 Comprehensive Care Center

CONTACT:

Phone: 1-800-848-0180

Address: 2415 Morganton Blvd., SW Lenoir, NC 28645

Website: <https://rhahealthservices.org/caldwell-c3/>

DETAILS: The Caldwell C3 Comprehensive Care Center provides treatment and support services regardless of where you are in your recovery journey. If you need help with mental health, substance use or other wellness issues, please call us or just stop in. No appointment is necessary. The Caldwell C3 Center offers the very latest in integrated behavioral healthcare with a varied continuum of services to meet your needs. We provide intensive therapeutic interventions and crisis services, a diverse range of outpatient programs, a Recovery Education Center (REC) and Peer Support Services to help you reach and maintain your wellness goals. Our goal at the Caldwell C3 Center is to provide a foundation for recovery and help people achieve stable, sober, independent lives within their communities.

McLeod Centers for Wellness

CONTACT:

Phone: 828-659-3966

Address: 117 W Medical Ct Marion, NC 28752

Hours: Office M-F 5am-12:30am Dosing and Counseling for Patients: M-F 5am-11 and Sat-Sun 6am-9am

Website: <https://www.mcleodcenters.org/wp/>

DETAILS: Per the Substance Abuse and Mental Health Services Administration (SAMHSA), medication-assisted treatment (MAT) is the use of FDA-approved medications, in

combination with counseling and behavioral therapies, to provide a clinically-driven, "whole-patient" approach to the treatment of substance use disorders. MAT often prevents or reduces opioid overdose by normalizing brain chemistry, blocking the euphoric effects of alcohol and opioids, and relieving physiological cravings. The aim of MAT is for patients to achieve stability, generally a year or more of continued participation and compliance with treatment recommendations. In addition to the FDA-approved medications (either Methadone or Buprenorphine), patients receive individual treatment planning, urinalysis testing, and referrals to community resources as needed. **Financial assistance is available**

High Country Country Health/Olive Branch Ministries

CONTACT:(828) 412-1095

DETAILS-Syringe Exchange Services, Low barrier Suboxone treatment, Hep C testing and Treatment

Project CARA-MAHEC

CONTACT: Phone:828-659-3621

Address: Mission Women's Care McDowell 472 Rankin Dr Marion, NC 28752

Hours: M-F 8am-5pm

DETAILS: Substance Use Services for Pregnant and Postpartum Women

Access to Health Care Programming

MATCH (McDowell Access to Care and Services)

CONTACT:

Phone: 828-659-5289

Address: 430 Rankin Dr. Marion, NC 28752

Website matchmcdowell.com

Email: amy.vaughn2@hcahealthcare.com

Facebook: [MATCH on Facebook](#)

HOURS: Monday-Friday :9am-5pm

DETAILS: ACA Health Insurance Enrollment, Free Tax Filing Services, Free Primary Care, Specialty Care ,Transportation, Case Management, Housing, Dental, Vision, Medical Supplies, Medication Assistance, Utility Bill Assistance, Education, Behavioral Health, Employment, Preventive Health Resources

Community Care Paramedic Program

CONTACT:

Phone: EMS- 828-652-3241

EM/ Addressing- 828-652-3241

911 Communications - 828-659-2241

Address:129 Barnes Rd, Marion, NC 28752

Website: <http://www.mcdowellm.com/>

DETAILS: Community paramedics work daily with elderly and at-risk patients to connect them with community resources that can help improve their quality of life. The program also works in partnership with McDowell Hospital to provide follow up care to patients being discharged home who are at high risk of being readmitted. The third objective of the program is to

conduct wellness events within the community to raise awareness of uncontrolled high blood pressure, diabetes, and other conditions.

Foothills Health District (McDowell County Health Dept)

CONTACT:

Phone: 828-652-6811

Address: 408 Spaulding Road Marion, NC 28752

Website: <http://foothillils.org>

HOURS: 8:30 am until 5:00 pm Monday-Friday

DETAILS: Maternity care for Medicaid and uninsured patients including undocumented clients, Breast and Cervical Cancer Control Program (BCCCP), STI Testing, Immunizations, Family Planning (Birth Control), Hep C testing and Treatment, WIC, and more. Sliding Scale Available.

Community Resources and Services

CULA (Centro Unido Latino-Americano)

CONTACT:

Phone: (828) 652-0727

Address: 79 Academy St. Marion, NC 28752

Website: <https://www.culawnc.org/>

HOURS: Monday to Friday 9am-5pm

DETAILS: A Non profit that provides services that reach the community while also advocating for the Latinx people who face systemic barriers that hinder their growth. Centro Unido offers different services for education, labor, health, emergency assistance, and more.

Loving Hearts for Christ BEAR Closet

CONTACT:

Phone: 828-803-8790

Email: bearcloset18@gmail.com

Website: www.bearclosetofmarion.com

Email: bearcloset18@gmail.com

HOURS: Monday & Friday: Closed Tuesday 2pm to 4pm, Wednesday 11am-1pm, Thursday 2pm to 4pm

DETAILS: Offering essentials for families with Children 0-5, community resources, free classes, Circle of Parents groups and community events. For more information, please visit their website or contact their Director of Program Services:

McDowell County Senior Center

CONTACT:

Phone: 828-659-0821

Address: 100 Spaulding Road, Marion, North Carolina 28752, United States

Website: <https://mcdowellcountyseniorcenter.org/>

HOURS: Monday-Friday 8:00am-4:00pm

DETAILS: The McDowell Senior Center in Marion and the A.C. "Bud" Hogan Community Center in Old Fort are the designated focal point on aging service providers where senior adults come together for a variety of activities, programs and services.

McDowell County Volunteer Center

CONTACT:

Phone: 828-659-0821

Address: 100 Spaulding Rd Marion NC 28752

FACEBOOK: <https://www.facebook.com/volunteercenterofmcdowell/>

DETAILS: The Volunteer Center of McDowell County links individuals and groups to volunteer opportunities

A.C. Bud Hogan Nutrition Center in Old Fort

CONTACT:

Website: https://www.mcdowellseniorcenter.org/old_fort.html

Follow us on Facebook! <https://www.facebook.com/groups/657289864654864/>

Phone: 828-659-0821

HOURS: Monday-Friday: 8:00am-4:00pm

DETAILS: The A.C."Bud" Hogan Community Center in Old Fort are the designated focal point on aging service providers where senior adults come together for a variety of activities, programs and services. The senior centers promotes community awareness of the needs and talents of senior citizens by providing the opportunities to make new friends and renew old friendships, improve physical fitness, learn new skills, get information and advice, develop creatively, volunteer in a variety of different areas and have lunch with friends

McDowell Pregnancy Care Center

CONTACT:

Phone: 828-652-7676

24/7 hotline: 800-712-HELP (4357)

Address: 40 South Main Street Suite 110, Marion NC 28752

Website: mpccnc.org

HOURS: Monday-Thursday: 9:00am-5:00pm

DETAILS:

McDowell Pregnancy Care Center is a non-profit, non-denominational, non-political organization committed to providing care, compassion, information and support to anyone facing pregnancy whether planned or unplanned. We have been serving McDowell and surrounding counties since 2003.

All services are free and confidential.

New Hope McDowell

CONTACT:

Phone: 828-652-6150

Website: <https://newhopeofmcdowell.org/>

HOURS: Open 24/7

DETAILS: A Domestic Violence shelter that promotes H.O.P.E (Healing, outreach, prevention, and empowerment). These words represent what is most important to our agency. By providing an environment that allows survivors to heal, programs that expand community knowledge, presentations, and training to discuss prevention strategies, and services that promote empowerment of survivors, we feel we are fulfilling our mission.

Services for the Blind

CONTACT: Sandy Freeman

Phone: 828-659-0844

Fax: 828-652-9167

Email: sandy.freeman@dhhs.nc.gov

Address: PO Box 338 207 E. Court Street Marion, NC 28752

DETAILS: The Division of Services for the Blind provides services to people who are visually impaired, blind and deaf-blind to help them reach their goals of independence and employment.

Corpening Memorial YMCA**CONTACT:**

Phone: 828-659-9622

Website: www.ymcawnc.org<https://www.facebook.com/CorpeningY>

Address: 348 Grace Corpening Dr. Marion, NC 28752

HOURS: M-Th 5 am-8 pm

Fri 5 am-6 pm

Sat 8 am-12 pm

Sun. (Starting in Feb) 1-5 pm

DETAILS: Offers income-based membership rates to serve the entire community regardless of income. No referral needed, open to all.

Services: Group Exercise classes, financial assistance through the Corpening Foundation, Water safety training, childcare, afterschool programs, evidence based healthy aging programs, youth and adult sports, youth development, indoor rock climbing, personal training, income based rates, charity drives (food, diapers, school materials, etc.)

McDowell Chamber of Commerce**CONTACT:**

Phone: 828-652-4240

Email: mountains@mcdowellchamber.com

Address: 1170 W. Tate St. Marion, NC 28752

Website: <http://www.mcdowellchamber.com>**HOURS:** M-F 9-5, Saturday 9-4, Sunday 10-3

DETAILS: Chamber Membership, which primarily includes networking and marketing. Their mission is to connect businesses with services, resources, and advocacy for economic growth through active leadership and equitable community engagement. A basic membership cost for a small business is \$200.

McDowell County DSS**CONTACT:**

Phone: 828-652-3355

Address: 145 East Court St. Marion, NC 28752

HOURS: Monday-Friday 8am-5pm

DETAILS: SNAP Benefits and App, Medicaid, LIEAP, Emergency Assistance as available.

NC School for the Deaf**CONTACT:**

Phone: (828) 432-5200

Video Phone: (828) 475-0832

Address: 517 W. Fleming Dr. Morganton, NC 28655

Website: ncsd.net

DETAILS: The North Carolina School for the Deaf is a day and residential program for students who are Deaf and Hard of Hearing (D/HH), situated in the beautiful foothills of North Carolina. NCSD holds dual accreditations from the Council of Educational Administrators for Schools for the Deaf (CEASD) and Advanced Education

McDowell County Dread Disease Association

CONTACT:

DSS: 828-652-3355

MATCH: 828-659-5289

HOURS: Monday-Friday: 8:30am-5:00pm

DETAILS: McDowell County Dread Disease is a non-profit whose purpose is to receive and disburse funds for the aid of hardship cases who meet the definition of a dread disease. The term "dread disease" refers to such diseases as cancer, heart disease, respiratory disease, and other life threatening or debilitating diseases. Applications for funding will be limited to two requests from the same individual each calendar year.

Applications are available at the Dept. of Social Services or McDowell Access to Care and Health (MATCH).

Corpening Foundation

CONTACT:

Phone: 828-659-9622

Address: 348 Grace Corpening Dr. Marion, NC 28752

DETAILS: Provides emergency assistance for rent, utilities, home repairs, for McDowell County residents. Restrictions may apply. Schedule appointment w/ Front desk of Corpening YMCA.

McDowell County Health Coalition

CONTACT:

Phone: 828-659-6661

Email: McDowellCountyHealthCoalition@gmail.com

Website: www.resilientmcdowell.com www.mcdowellhealthcoalition.org

DETAILS: The McDowell County Health Coalition connects, convenes, collaborates, and creates opportunities for whole-person health in the McDowell community. MCHC offers resiliency programming and training. Host of the Summer THRIVE Series.

NCCE-McDowell County Center

CONTACT:

Phone: 828-652-8104

Address: 60 E Court St Marion, NC 28752

Website: mcdowell.ces.ncsu.edu

DETAILS: Nutrition Education, Livestock and Forage Education, Horticulture, Small Farms Info, Youth Development and Leadership, Keep McDowell Beautiful, Compost Education, School Gardening, Local Community Clean-ups, Pesticide Education, Home Gardening, and more.

McDowell County Public Library

CONTACT:

Phone: 828-652-3858

Address: 90 W Court St Marion, NC 28752

Website: <https://mcdowellpubliclibrary.org/>

DETAILS: Public Library Services, Teen and Children's Programming, Education

McDowell Arts and Crafts Association (MACA)

CONTACT:

Phone: 828-652-8610

Address: 50 S Main St

Website: <https://www.mcdowellarts.org/>

DETAILS: A nonprofit for the arts. Supports local artisans. Community theater, children's programming, and more.

McDowell SAGE

CONTACT: <https://www.facebook.com/mcdowellsage/>

DETAILS: LGBTQ+ Resources and Support

East Marion IPHC En Espanol

CONTACT:

Phone: 828-559-2189

Address: 900 Baldwin Ave Marion NC 28752

Email: info@iglesiaeastmarion.org

Hours: Monday - Thursday 9:00 am - 9:00 pm

DETAILS: The mission of East Marion IPHC en Español is to follow Jesus's example of being salt and light to the world through breaking barriers and building educational bridges, language unity, health justice and promoting the importance of local food systems to young, old and everyone in between. Ephesians 4: 11-13.

SERVICES: Translation of documents, leaflets, flyers, contracts, etc., Interpreting at appointments, meetings, presentations, etc. (consecutive, simultaneous, whispered, and telephone interpreting), notary public, ESL morning & night classes (beginner, intermediate, advanced), GED/HiSet morning & night classes (Spanish and English), Spanish classes, computer classes (Spanish and English), Counseling in spanish, COVID-19 resources, MATCH services, FaithAction ID program, Generation of Creative Learning program, clothes closet, worship and praise service, Sunday School for children.

LifeWorks Program-Community Action Opportunities

CONTACT

Phone: 828-777-5142

Address: 316 Baldwin Ave Marion, NC 28752

Website: <https://communityactionopportunities.org/lifeworks-faq/>

Hours: 8:30-5pm

DETAILS: Life Works helps families increase their income by supporting them with education/training, helping them obtain full time, living-wage work while learning to manage their finances. Our team can work with you on everything from child care to career counseling, financial assistance to housing.

CRITERIA: 1-Individuals/families have to be living at or below 125% of the federal poverty guideline for their household size. A household is defined by all members who are related by blood or marriage living within one home. 2- At least one family member has to be ready for full-time, living wage work. 3-individuals have to be ready and able to work in partnership with their Life Works Coach long-term

Transportation

McDowell Transit

CONTACT:

Phone: 828-559-0744

Website: <http://mcdowelltransit.org/>

DETAILS: A federally and locally funded organization that provides free transportation services to the residents of McDowell County.

SCHEDULING APPOINTMENTS:

- Appointments for transportation services must be made by 10am the day before the service is rendered. Monday appointments must be made by 10am on Friday prior to Monday's appointment.
- All transportation requests will be scheduled on a first come, first served basis as capacity allows.
- All non-Medicaid appointments must be scheduled with McDowell Transit Dispatch by calling **828-559-0744**. (Para Español **828-652-0727**) When the office is closed, appointments can be made by leaving a voicemail message on line 2. Medicaid appointments must be scheduled with McDowell DSS or Managed Care Provider.
- Passengers will be picked up and dropped off at the locations specified when the appointment was made. If you need to be dropped off at another location, you must notify dispatch in advance.
- Passengers must be ready 60 minutes before appointment time for in-county transit

OUT OF COUNTY TRANSPORTATION:

- All out of county appointments must be scheduled with the doctor's office between 9am – 11am.
- West (Asheville, Black Mountain, Arden, etc): Monday, Tuesday, Wednesday
- East (Morganton, Hickory, etc): Thursday
- Other destinations are based on availability and scheduled on a first-come, first-served basis.
- Clients should be ready for pick-up no later than 7am. Riders will return when the last appointment has finished.
- All out of county trips must be canceled by 6am. Failure to do so will result in a "no show."

NO SHOW AND CANCELLATION POLICY:

- In-county trips must be canceled a minimum of two hours before the scheduled pick-up time. Any cancellation after this time will result in a “no show.”
- If a passenger does not require transportation for their return trip, they must notify dispatch at least one hour prior to their return time. Failure to do so will result in a “no show.”
- Passengers must be ready for the driver when the van arrives for pick-up. Transit policy requires drivers to wait (3) three minutes. If a passenger is not ready within three minutes, the driver will leave and the passenger will be documented as a “no show.”
- Three (3) no-shows in a three-month period will result in a passenger being suspended for 30 days.
- All cancellations, including Medicaid trip cancellations, must be called in to McDowell Transit at 828-559-0744. Calls made outside of service hours must be left via voice mail on line 3.

MEDICAID

For Medicaid Clients requesting Medicaid-approved medical appointments:

- Direct Medicaid Clients must schedule rides by calling McDowell DSS at 828-659-0634.
- Managed Care Medicaid Clients must call their insurance provider to schedule rides.

Re-Entry Programs

Freedom Life Ministries

CONTACT:

Phone: 828-559-2224

Address: 130 North Logan Street Marion, NC 28752

Email: info@freedomlifeministries.org

Website: freedomlifeministries.org

HOURS: Monday-Friday 9am-5pm

DETAILS: Serves justice involved individuals and their families with programs designed to help clients begin a journey to a new life. Counseling, Case Management, Housing, and more.

Shelters and Housing Resources

Mission Ministries Alliance-Friendship Home (Women and Children)

CONTACT:

Phone: 828-659-6490

Website: <https://www.missionministriesalliance.org/>

Address: 124 Fleming Avenue Marion/804 State Street Marion

HOURS: 24/7

DETAILS: Shelter, housing, substance use treatment, Peer Support, Street Outreach. No referral needed.

Mission Ministries Alliance-M3 Center for Men and Overnight Shelter

CONTACT:

Phone: 828-659-3981

Address: 804 State Street, Marion 28752

Website: <https://www.missionministriesalliance.org/>

HOURS: Monday-Friday: 8:00am-5:00pm

DETAILS: Must be experiencing homelessness. Emergency overnight sheltering, food boxes, harm reduction, Peer Support and more.

Foothills Regional Commission (section 8)

CONTACT:

Phone: 828-351-2342

Address: 11 W Court St Rutherfordton North Carolina, 28139

Website: [Section 8](#)

HOURS: Monday-Friday 8:00am-5:00pm

DETAILS: Please visit our website for more information on eligibility, applications, local housing availability and for a map for the Foothills Regional Commission.

Gateway Home Repair Program

CONTACT:

Phone: 828-559-9273

Website: <https://gatewaywellnessfoundation.org/home-repair-application/>

Address: 74 North Garden Street Marion, NC 28752

DETAILS: Home Repairs for low income families in McDowell County. Contingent on available funding.

CAO Weatherization program

CONTACT:

Phone: 828-252-2495

Fax: 828-253-6319

Address: 25 Gaston St, Asheville NC 28801

Website: communityactionopportunities.org/weatherization

HOURS: Monday-Friday: 8:30 AM-5:00 PM

DETAILS: *Qualifications to Access:* Households living at/below 200 percent of the federal income guidelines are eligible for services. Families receiving Supplemental Security Income (SSI), Temporary Assistance for Needy Families (TANF), Low Income Energy Assistance Program (LIEAP) or Crisis Intervention Program (CIP) during the prior 12 months from application for weatherization are categorically eligible. *Services Offered:* Weatherization services: including testing the safety and efficiency of the primary heating system; air sealing walls, floors and ceiling; installing ventilation fan; insulating attics, walls, floors, heating ducts, pipes and water heaters; installing vapor barriers; testing and installing smoke alarms and carbon monoxide detectors; replacing old energy-consuming refrigerators.

NC Homeowner Assistance Fund

CONTACT:

Phone: 1-855-696-2423

Website: <https://nchaf.gov/>

DETAILS: For qualified homeowners who are past due on mortgage and housing-related payments by at least 30 days, the fund offers: *Housing payment assistance for primary residence in North Carolina (for example, single-family home, townhome, condo or mobile home). *Assistance for mortgage reinstatement to catch up on late payments (first and second mortgages) or other housing-related costs due to a period of forbearance, delinquency or default. *Assistance covering other housing-related costs such as homeowner's insurance, flood insurance, mortgage insurance, homeowner's association dues/fees or delinquent property taxes to prevent foreclosure

Low Income Apartments in McDowell County

Marion, North Carolina, 28752
 Call For Rent1-3 BR Affordable
 (828) 559-2591

Phillips Ridge
 200 McDowell High Dr.
 Marion, North Carolina
 Call For Rent1-3 BR Affordable
 (980) 269-1534

Capitol Hill Apartments

351 State St
 Marion, North Carolina
 Call For Rent1-4 BR Rent Assisted
 (828) 652-4382

California Arms Apartments
 221 California Ave
 Marion, NC 28752
 Call (828) 652-8225

Legal Resources

Legal Aid of North Carolina Foothills Office

CONTACT:

Phone: 1-866-219-5262

Email: <https://legalaidnc.org/apply/>

Website: <https://legalaidnc.org/get-help/>

Address: 211 East Union St Morganton, NC 28655

HOURS: Apply by phone: 8:30 AM – 1:00 PM, Monday – Friday; 5:30 PM – 8:30 PM, Monday & Friday. Apply online: 1:00 PM – 4:30 PM, Monday – Friday.

DETAILS: Low-income people qualify according to federal standards. Services are free of charge. Cases include housing, eviction, housing discrimination, foreclosure, domestic violence & sexual assault, human trafficking, Affordable Care Act, Medicaid/Medicare, SNAP, SSDI, unemployment benefits, Veterans Affairs, consumer, debt collection, repossessions, and more.

Legal Aid of North Carolina is a statewide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity.

Pisgah Legal

CONTACT:

Phone: 828-253-0406

Address: 62 Charlotte St, Asheville, NC 28801

Website: <http://www.pisgahlegal.org/>

HOURS: Monday-Friday: 8:30am-5:00pm

DETAILS: Provides free civil legal aid to people who live in poverty; Helps more than 20,000 of the most vulnerable people in our communities annually to meet urgent needs such as: housing, safety from abuse, health care and income; Partners with dozens of other agencies to make sustainable change for people in crisis; Coordinates the services of approximately 300 pro bono attorneys in WNC; Improves systems and policies that impact the lives of thousands of low-income people. ACA Navigation and VITA Tax Services.

Area Hospitals

Mission Health-McDowell

CONTACT:

Phone:(828) 659-5000

Address:430 Rankin Dr, Marion, NC 28752

Website: Missionhealth.org

HOURS: Open 24/7

Urgent Care Centers

McDowell Express Care-UNC Healthcare

CONTACT:

Phone: 828-652-8727

Address: 2293 Sugar Hill Rd Suite D, Marion, NC 28752

HOURS: 8:00am-8:00pm M-S Sunday 2:00pm-8:00pm

COST: Insurance accepted. Financial assistance available

Mission MyCare Now

CONTACT:

Phone:828-213-4444

Address: 472 Rankin Dr Entrance #4, Marion, NC 28752

HOURS: Monday-Sunday: 7am-7pm

DETAILS:

- Walk-in, virtual, or nonemergency care
- After hours and weekend care available

Lake James Urgent Care

CONTACT:

Phone:828-707-7272

Address:1610 NC-126, Nebo, NC 28761

HOURS: Open 24/7

DETAILS: For Appointments please visit: lakejamesurgentcare.com

If you are scheduling an after-hours appointment (9 PM – 7 AM) please call prior: 828-707-7272

COST: Covid-19 Antibody Test From: \$75.00 ,CDL Physical Exam | DOT Medical Exam,From:

\$150.00, Rapid Covid-Test (add Flu test for \$25) From: \$50.00, Office Visit,From: \$95.00,

Telemedicine, From: \$45.00, Home/Mobile Visit From: \$250.00

Primary Care Offices

McDowell Family Practice

CONTACT:

Phone: 828-580-1750

Fax: 828-580-1751

Address: 20 S. Medical Court Marion, NC 28752

HOURS: Monday-Friday 7:00am-4:00pm

Details: Primary Care for Medicare patients and older adults

WNC Community Health Services & Mobile Unit

CONTACT:

Phone: 828-583-6733

Address:136 Creekview Court Marion, NC 28752

Website: wncchs.org

DETAILS: Primary Care, Behavioral Health,

Substance Use Treatment, Immunizations.

Mobile Medical and Dental Unit. Most insurance

accepted,Sliding fee program available for

uninsured patients

McDowell Medical Associates-Sugar Hill (UNC Health)

CONTACT:

Phone: 828-652-8727

Address: 2293 Sugar Hill Rd Marion, NC 28752

HOURS: 8:00am-5:00pm Monday-Friday

Old Fort Family Practice

CONTACT:

Phone: 828-668-6435

Address: 32 E Main St Old Fort, NC 28762

Hours: Monday-Friday 8:00am-5:00pm

Mission Health Center-Sugar Hill

CONTACT:

Phone: 828-652-7776

Address: 1633 Sugar Hill Road Marion, NC, 28752

HOURS: Monday-Friday: 8:00am-5:00pm

Keys of Hope and Wellness

CONTACT:

Phone: 828-559-2180

Address: 176 N Logan Street Marion NC 28752

Facebook:

<https://www.facebook.com/keysofhopemedical/>

Website: keysofhope.weebly.com

DETAILS: Holistic Primary Care

Hopscotch Health

CONTACT:

Phone: 828-398-0120

Address:2845 Sugar Hill Rd Suite 10, Marion, NC 28752

Hours:Monday-Friday 8am-5pm

Marion Medical Clinic

CONTACT:

23

Phone: 828-559-1044

Address: 6E Medical Ct Suite 1Marion, NC 28752

Website: [Marion Medical Clinic](#)

DETAILS: Primary Care. In person and telehealth
appts available

Assisted Living Facilities

McDowell Assisted Living

CONTACT:

Phone: (828) 652-3033

Address: 5235 NC-226 S, Marion, NC 28752

HOURS: Monday-Sunday 6:00am-10:00pm

DETAILS: An Assisted Living facility in Marion that offers a variety of activities for their residents as well as meal preparation and socialization to maintain a healthy lifestyle.

Common spaces indoors available for residents to socialize with peers. 24 hour on duty staff to assist with any emergencies and available staff to help with diabetes management along with mobility assistance.

Nebo Family Care Home

CONTACT:

Address: 405 Jack Corpening Road Nebo, NC 28761

Price & Availability: (855) 344-4048

General Info: (828) 659-1516

Fax: (828) 659-1516

DETAILS: Assisted living facility in McDowell County, Nebo, please call for pricing and more information.

Rocky Pass Family Care

CONTACT:

Phone: 828-652-7058

Address: 5349 NC-226, Marion, NC 28752

DETAILS: Assisted living facility in McDowell County, please call for pricing and more information.

Hospice and In Home Health Services

Medi Home Health and Hospice

CONTACT:

Phone: 828-733-3663

Address: 3616 Mitchell Ave Suite 10 Newland NC 28657

Website: <https://www.msahealthcare.com>

Email: clward@msahealthcare.com

DETAILS: Home Health, Hospice-in home Aid, and Direct Medical Equipment. MSA Home Health & Hospice is committed to caring for and educating patients, to live as independently as possible. Home Health care is appropriate whenever a person is homebound, but needs ongoing care. A specialized Hospice plan of care is provided to patients and their families who are facing life limiting illnesses.

Employment Resources

NCWorks McDowell

CONTACT:

Phone: 828-652-7131

Facebook <https://www.facebook.com/McDowell-NCWorks-1-2120680578171215>

Address: 316 Baldwin Ave. Marion NC 28752

HOURS: Monday-Thursday 8:30-5:00 Friday 8:30-12:00

DETAILS: Resume Writing, Job Search Assistance, Scholarship Assistance, Wifi/Computer Access. Interview skills, WIOA, OTJ training, TAA, Reentry Services, and Veteran Services.

Vocational Rehab

CONTACT:

Phone: 828-583-9500

Address: 451 N Main St Marion, NC 28752

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services>

HOURS: M-F 8:00am-5:00pm Closed every state holiday

DETAILS: The Division of Vocational Rehabilitation Services (DVRS) helps people with disabilities achieve their goals for employment and independence. If you have a disability that prevents you from achieving career success or independence in the community of your choice, DVRS can connect you to services and resources to help you meet your goals.

Manpower

CONTACT:

Phone: 828-652-8865

Email: marion.nc@manpower.com

Address: 2845 Sugar Hill Road Suite 13, Marion, NC 28752

Website: [Manpower](#)

HOURS: Monday-Friday 8:00am-5:00pm

PROMAN Staffing

CONTACT:

Phone: 828-659-9300

Address: 1835 N Main Street (On the 5 lane--across from the Budget Inn)

Website:

HOURS: Monday-Friday 8:00am-5:00pm

Two Hawk WIOA and WIOA Youth Services

CONTACT:

Phone: 910-734-3174

Address: 316 Baldwin Ave, Marion NC 28752

Website:

HOURS: 8-5pm

DETAILS: **Education Services** - Pay tuition, books, fees, required testing fees, required uniforms, tools, equipment, immunizations, physicals, supportive services. Transportation reimbursements. **Employment Services** - General career services - resume assistance, job search assistance, interviewing skills, assist with employment onboarding costs.

Education Resources

McDowell Technical Community College

CONTACT:

Phone: 828-652-6021

Website: <http://www.mcdowelltech.edu>

Address: 54 College Dr. Marion, NC 28752

HOURS: Monday-Thursday: 8:00am - 5:00pm Friday: 8:00am-4:30pm

DETAILS: Open Door Admissions-Go to main web page, under New Student & Orientation. Curriculum Programs, Continuing Education, Career and College Readiness (Adult High School and High School Equivalency), and Human Resource Development (employability skills). We also have two Early Colleges on our campus along with a large population of high school students through our Career and College Program. Both programs offer tuition-free college level courses to students while enrolled in high school.

McDowell Technical Community College-College and Career Readiness(CCR) & Human Resource Development Programs

CONTACT:

Phone: 828.659.6001

Address: 316 Baldwin Avenue, Marion, 28752

Website: <https://www.mcdowelltech.edu/>

HOURS: Monday-Friday: 8:30am to 5:00pm

DETAILS: Services: High School Equivalency, Adult High School, ESL, Resume Writing, Computer Literacy, Interview Skills, Employability Skills, OSHA training (within an HRD course), Adult Basic Education (Low level adult students) Other information: Our doors are open and ready to serve those who have education needs as well as preparation for the workforce. Classes offered on site and in various community locations

Two Hawk WIOA and WIOA Youth Services

CONTACT:

Phone: 910-734-3174

Address: 316 Baldwin Ave, Marion NC 28752

Website:

HOURS: 8-5pm

DETAILS: Education Services - Pay tuition, books, fees, required testing fees, required uniforms, tools, equipment, immunizations, physicals, supportive services. Transportation reimbursements.
 Employment Services - General career services - resume assistance, job search assistance, interviewing skills, assist with employment onboarding costs.

McDowell County Schools Central Office

CONTACT:

Phone: 828-652-4535

Address: 344 S Main St Marion, NC 28752

Website: <https://www.mcdowell.k12.nc.us/>

DETAILS: The mission of McDowell County Schools is to deliver excellence in education where students are engaged in collaboration, communication, and innovation so that they graduate ready to achieve success and positively shape the future.

Youth Development and Child Care Services

McDowell Department of Social Services (Child Care Vouchers)

CONTACT:

Phone: 828-659-0690

Website: <http://www.mcdowellcountyncdss.org/>

HOURS: Monday - Friday 8:00 AM - 5:00 PM

DETAILS: Eligibility: In order to qualify for financial assistance for childcare, parents must meet certain income guidelines and parents must also have a need for childcare. Most parents receiving child care assistance are working and/or attending school full-time. The subsidy program can assist parents with the cost of child care for children from newborns through age 12. (Note: In some cases, children over age 12 may qualify for childcare assistance.)

McDowell County Schools Head Start and Early Head Start

CONTACT:

Phone: (828) 652-3229

Email: headstart2111@gmail.com

Address: 2111 Sugar Hill Road, Marion, North Carolina

Website: www.mcdowellheadstart.org

HOURS: Monday-Friday: 7:30am-5:30pm

DETAILS: A comprehensive early learning program that addresses education, nutrition, health, and social service needs of low-income children ages 3-5 and their families. Early Head Start is the infant/toddler program modeled after Head Start to serve low income pregnant mothers, infants, and toddlers the same way that Head Start serves preschoolers and their families.

Corpening Memorial YMCA

CONTACT:

Phone: 828-659-9622

Website: www.ymcawnc.org

Facebook: <https://www.facebook.com/CorpeningY>

Address: 348 Grace Corpening Dr. Marion, NC 28752

27

HOURS: M-Th 5 am-8 pm Fri 5 am-6 pm Sat 8 am-12 pm Sun. (Starting in Feb) 1-5 pm

DETAILS: Youth development, Youth Sports, Afterschool Care, Summer Camps. Scholarships Available.

NCCE-McDowell County Center -4H Programming

CONTACT:

Phone: 828-652-8104

Address: 41 S Garden St. Marion, NC 28752

Website: <http://www.mcdowellem.com/>

HOURS: Monday-Friday: 8:30 am - 12:00 pm, 1:00-5:00 pm

DETAILS: Youth development, volunteer opportunities, community service, youth leadership, summer camps and programming. Scholarship opportunities available.

McDowell County Parks and Recreation Department

CONTACT:

Phone: 828-652-3001

Address: 25 Academy St, Marion, NC 28752

Website: <https://mcdowellparksandrecreationofficial.com/>

HOURS: Monday-Friday 8:30am-5pm

DETAILS: The mission statement of the McDowell County Parks and Recreation Department is to further enhance the quality of life for the citizens of McDowell County. The Parks and Recreation Department strives for the acquisition, development, conservation, and maintenance of a system of parks, recreation facilities and open areas for the enjoyment of everybody.

Summer in McDowell

Website: www.summerinmcdowell.com

DETAILS: Provides a list of free or low cost summer activities for families. Sponsored by the MATCH program.

Community Engagement

West Marion, Inc

CONTACT:

Phone: 828-317-9729

Email: paula@westmarion.org

Website: <https://www.westmarion.org/>

Facebook: <https://www.facebook.com/groups/1597175257243996>

DETAILS: The mission of the West Marion Community Forum, Inc., aka West Marion Inc, is to enhance the quality of life of our residents and overcome racial barriers by building bridges in McDowell County. We do this by showing compassion, advocating for policy and systems change, promoting economic development, sharing resources, empowering youth, and creating equitable outcomes for all.

SERVICES: West Marion Community Forum, Marion East Community Forum, Old Fort Community Forum, Men of McDowell, Health Equity Programming, Racial Equity Training and Education, People on the Move Old Fort.

HOURS: For a calendar of community forums and events check out the West Marion Community Forum Facebook Page: <https://www.facebook.com/groups/1597175257243996>

McDowell Partnership for Substance Use Awareness

CONTACT:

Phone: 828-559-2224 Ext 213

Website: <https://www.facebook.com/McDowellPSA>

Address: PO Box 1709 Marion, NC 28752

Hours: M-F 8 am-5pm

DETAILS: McDowell Partnership for Substance Awareness uses inclusion, advocacy, research, education, and partnership strength to facilitate change toward a healthier, more compassionate McDowell County where access to services is available to all residents without regard to history, religion, culture, race, economic status, gender identity or experiences. Our partnership is open and inclusive to service providers and residents who are engaged or have been touched by substance use disorder or underlying co-occurring conditions. Please contact us for questions or to receive notifications of events, activities or meetings in which we are involved. Every voice, every person, in McDowell County is important to our work and we encourage you to get involved.

Local Law Enforcement

Marion Police Department

CONTACT:

Phone:828-652-5205

Emergency: 911

Address: 270 South Main St Marion NC

Hours: M-F 8am-5pm

Website: <https://www.marionnc.org/176/Police-Department>

DETAILS: The Police Department is committed to enhancing the quality of life for the citizens of Marion through proactive enforcement, patrol, and investigations within the City Limits.

McDowell County Sheriff's Department

CONTACT:

Phone:(828) 652-2235 Emergency: 911

Address: 593 Spaulding Rd Marion, NC 28752

Hours: Monday-Friday 8am-5pm

Website: <https://mcdowellsheriff.org/>

DETAILS: The McDowell County Sheriff's Office believes in the dignity and worth of all people. It is the duty of our office to safeguard lives and property while always respecting the people's constitutional rights.

Intellectual, Developmental, Physical Disability Resources

VAYA Health LME/MCO

CONTACT:

Phone(s): 1-(800) 849-6127 828-225-2785

Address: 200 Ridgefield Court, Suite 206, Asheville, NC 28806

Website: www.vayahealth.com

HOURS: 8:30am-5:30pm M-F

DETAILS: Services Offered: This is a local management entity (LME) serving 23 counties in Western North Carolina. This agency serves those people who have a mental illness, a developmental disability, or someone dealing with substance use issues. The toll-free phone number listed above can be accessed 24 hours, 7 days a week.

Vocational Rehab

CONTACT:

Phone: 828-583-9500

Address: 451 N Main St Marion, NC 28752

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services>

HOURS: M-F 8:00am-5:00pm Closed every state holiday

DETAILS: The Division of Vocational Rehabilitation Services (DVRS) helps people with disabilities achieve their goals for employment and independence. If you have a disability that prevents you from achieving career success or independence in the community of your choice, DVRS can connect you to services and resources to help you meet your goals.

Family Support Network/HOPE Group

CONTACT:

Phone:

Website: <https://www.facebook.com/groups/229310114477611>

DETAILS: Family Support Network/HOPE provides information, training and support for individuals with disabilities and their families in Alexander, Burke, Caldwell, Catawba, Lincoln and McDowell Counties.

NC Independent Living Rehabilitation Program

CONTACT:

Phone: 1-877-832-3832

Website:

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

DETAILS: The Independent Living Rehabilitation Program (IL) helps consumers live a more independent life. IL provides an alternative to living in a nursing home or other facility for eligible individuals.

Services are person-centered and may be provided directly, purchased or coordinated through other community resources. If the Independent Living program is unable to meet a person's needs, that individual may be referred to other partners for services as appropriate.

Services may include:

Guidance and counseling, Rehabilitation engineering, Home and vehicle modifications, Independent living skills training, Certain equipment purchases, Assistance with leisure activities, Personal assistance services, Service Animals for People with Disabilities, NC Independent Living Rehabilitation Program Brochure

Eligibility

You may be eligible for IL services if:

- You have a significant disability
- The disability severely limits your ability to live independently
- Our services will improve your ability to live independently
- The financial resources of eligible individuals will be considered for the delivery of some services provided under the IL program. Some services are available to eligible individuals without regard to their financial need

NC School for the Deaf

CONTACT:

Phone: (828) 432-5200

Video Phone: (828) 475-0832

Address: 517 W. Fleming Dr. Morganton, NC 28655

Website: ncsd.net

DETAILS: The North Carolina School for the Deaf is a day and residential program for students who are Deaf and Hard of Hearing (D/HH), situated in the beautiful foothills of North Carolina. NCSD holds dual accreditations from the Council of Educational Administrators for Schools for the Deaf (CEASD) and Advanced Education

Services for the Blind

CONTACT: Sandy Freeman

Phone: 828-659-0844

Fax: 828-652-9167

Email: sandy.freeman@dhhs.nc.gov

Address: PO Box 338 207 E. Court Street Marion, NC 28752

DETAILS: The Division of Services for the Blind provides services to people who are visually impaired, blind and deaf-blind to help them reach their goals of independence and employment.

Veterans Services

NCWorks

CONTACT: Patrick Hamber-Career Advisor-Veteran

Phone: 828-652-7131

Address: 316 Baldwin Ave Marion NC 28752

DETAILS: Employment counseling and career development for Veterans

McDowell County Veterans' Service Office

CONTACT:

Phone: (828) 659-0821

Address: 100 Spaulding Rd Marion, NC 28752

Website:

DETAILS:The McDowell County Veterans Services, located in Marion, NC, provides support for veterans of the US Armed Forces. Veteran Services connects veterans with several government agencies and nonprofit organizations at the federal, North Carolina state, and Marion level. These services include veteran benefits assistance, services for veterans with disabilities, and information about medical care, insurance, and education benefits. The U.S. Department of Veterans Affairs (VA) also provides veteran services in Marion.

You may contact Veterans Services for questions about:

Applying for military and veterans' benefits

Veterans Affairs Offices and Vet Centers

McDowell County VA Hospitals and health benefits

VA Burial services

McDowell County VFW and AMVETS posts

Utilities

Safelink Wireless-Lifeline

CONTACT:

Phone: 1-800-SafeLink

Website:

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

DETAILS :Lifeline is a federally-sponsored program that provides a discount on communication services to eligible individuals and families. Eligibility is determined by income and/or participation in state or Federal support programs. Through Lifeline, SafeLink subscribers are eligible to receive a mobile phone and a monthly discount on their service. SafeLink benefits are limited to one line per household. SafeLink Wireless is a service of TracFone Wireless, Inc., a Verizon company.

Affordable Connectivity Program

CONTACT:

Phone: Contact the ACP Support Center at (877) 384-2575.

Website:<https://www.affordableconnectivity.gov/how-to-apply/>

DETAILS: The Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices.

Dental Resources

WNC Community Health Services-Mobile Dental Unit

Website:<https://www.wncchs.org/dental-care>

Hours: Varies

Contact: Call MATCH 828-659-5289 for available dates and appointments

Details: Dental Insurance and Medicaid Accepted. Sliding scale available for uninsured patients. Services: Preventive services (i.e., education, counseling and tartar removal), Comprehensive diagnostic evaluation, Treatment planning, Restorative procedures (e.g., fillings), Surgical procedures (e.g., extractions)

Rutherford Health Center-Dental Clinic

Contact

Phone: 828-288-2881

Address: 187 West Main St Spindale NC 28601

Website: <https://www.brchs.com/locations/blue-ridge-health-rutherford/>

Details: Federal Qualified Health Center. Accepts Medicaid and other types of dental insurance. Sliding scale available for uninsured patients. eeth Cleanings, Cavity Fillings, Gum Disease Treatment, Tooth Extractions, Crowns, Root Canals, X-Rays, School-Based Dental Services

Bakersville Dental Clinic

Contact

Phone: 828-537-5991

Address: 89 N Mitchell Ave Bakersville, NC 28705

Website: <https://www.mchp.care/dental>

Details: Medicaid and most dental insurances are accepted. A sliding fee scale based on income is offered to all uninsured patients. Comprehensive Diagnostic Evaluation, Dental X-rays, Regular teeth cleanings for adults and children, Deep teeth cleanings and treatment of gum disease, Dental Sealants and Fluoride treatments, Tooth Extraction, Root Canals, Crown/Bridges, Composite fillings/restorations, Dentures/Partials, Nitrous Oxide Sedation (A safe and effective means of managing pain and anxiety in dentistry).

ECU Dental Clinic

Contact

Phone:

Address: 179 Hospital Drive Spruce Pine, NC 28777

Website: 828-765-0110

Details: Medicaid and other insurance plans are welcomed. Payment for services is due when services are rendered and may be made by cash or credit card. If you have dental insurance, we will assist you with your claim submission. Financial assistance may be available for uninsured patients. Comprehensive General Dentistry, Children's Dentistry, Oral Surgery - Extractions, Root Canals, Sealants and Tooth Colored Fillings, Crowns and Bridges Dentures and Partial Dentures, Implant Services, Periodontal Services and Cleanings Cosmetic Tooth Whitening, Digital Radiography, 3-D/Cone Beam Imaging